What Would a Local Food Economy Look Like?

Locally grown and harvested food. Year-round. Available. Affordable. Farmers making a living income. Farm workers eating well and living in decent housing. County policies supporting local food production All within the next 10 years.

Is this a desirable and realistic vision for Mendocino County? In 2006 and 2007 farmers, gardeners, and their allies got together to ask this question. The response was a resounding YES! The working groups concluded that recreating a viable local food economy will require goals and steps like these:

Infrastructure for Growing, Processing, Storing & Distributing Local Food

Short-term Goals:

- One fuel-efficient delivery vehicle
- Plan for delivery fleet
- Utilize farmers markets
- Website
- Information bank
- Tool bank & lending library
- Community gardens
- Gleaners network
- Food producer network
- Community harvest juice
- County-wide food directory
- Local food website
- Commercial kitchens
- Apple & grape presses
- Inventory of existing resources

Medium-term Goals

- CSA centers
- Food distribution centers
- Seed bank
- Grain Storage
- Mobile slaughter facility
- Olive press
- Grain processing/flour mill

Long-term Goals

- Fuel-efficient delivery fleet
- Food distribution centers/network

County Policy to Support Local Farmers & Local Food

Medium-term Goal

• Policies to support small-scale farming to produce food for local use

Long-term Goals

- Living within our capacity to support ourselves
- Replace food imports
- Preserve farmland, wildland, and water

Guiding Questions

- 1. What is our County's carrying capacity?
- 2. What is our current "footprint" re: food, land, water, energy?
- 3. What guidelines and practices will insure ecological and economic sustainability?

Steps Toward a Local Food Economy

A Year-round Supply of Local Food, Fiber & Medicine

Short-term Goals:

- Seed swap, seed-savers directory
- Grain CSA and test plots
- Composting, cover cropping, local soil amendments
- Research and development on native foods and medicine

Medium-term Goals

- County-wide website and database of plants, seeds, and animals
- Equipment coop
- Nut tree orchards
- Local soil testing facility
- Test plots for biodynamic, permaculture, biointensive farming

Long-term Goals

- Local poultry and livestock breeding
- Beans and grains grown here
- Community-level permaculture design

Livable Income for Farmers & Farm Workers, & Affordable Local Food

Short-term Goals:

- Awareness of difference between market-based economy and community-based economy
- Awareness of real cost of food
- Establish dialogue between farmers & community
- Local stores buy from local farmers
- Ag investment corporation
- Housing for farm workers

Medium-term Goal

 A networking clearinghouse for community-based agriculture: farms, labor, land, consumers, investment

Long-term Goals

- Local farms and farmers meet food needs of County
- Farmers earn viable income
- Local food is affordable to those who live here

The Real Value & Genuine Pleasure of Local Food are Appreciated

Short-term Goals:

- Guide to local food
- County-wide Eat Local Month (October of each year)
- Local markets feature local foods
- Food columns in newspapers
- Local food curriculum in schools networked with health curriculum
- Oral histories
- Farm internships for recent grads
- Educate through farmers markets

Medium-term Goal

 School gardens county-wide integrated with food-related curriculum

Long-term Goals

- Farming is an accepted and respected vocation
- Ag and vocational programs in county schools
- Awareness and celebration of local, in-season food
- Local food at local institutions

To learn more about the Steps Toward a Local Food Economy project, email dmosel@wildblue.net.